

2010 TELSTRA AUSTRALIAN CHAMPIONSHIPS

ENTRY QUALIFYING TIMES

MEN	EVENT	WOMEN
Freestyle		
24.40	50m	27.70
53.00	100m	59.50
1:56.00	200m	2:07.00
4:07.50	400m	4:27.00
8:37.00	800m	9:02.00
16:12.00	1500m	17:40.00
Backstroke		
29.30	50m	32.50
1:02.00	100m	1:08.50
2:13.00	200m	2:26.00
Breaststroke		
32.50	50m	36.40
1:10.30	100m	1:18.00
2:33.00	200m	2:46.00
Butterfly		
26.40	50m	30.20
58.70	100m	1:05.60
2:09.00	200m	2:23.50
Individual Medley		
2:14.00	200m	2:27.00
4:40.00	400m	5:03.00
Club Relays		
3:37.00	4 x 100m Freestyle	4:09.00
8:00.00	4 x 200m Freestyle	8:45.00
4:05.00	4 x 100m Medley	4:35.00

Entry Times for these Championships must have been swum in a 50m pool.
Qualifying time must be achieved since 1st January 2009.